

# Opioid & Naloxone Education

Online Educational Training Series

**O  
N  
E**

OPIOID &  
NALOXONE  
EDUCATION





## Welcome to the **O.N.E. Series**

We are proud to present this source of accurate and timely information about opioids and overdose prevention. Here, you'll find information from public health experts about opioid abuse, safe prescription drug storage and disposal, and Naloxone (NARCAN®), a life-saving treatment for opioid overdoses. Watch the simple instructional video to receive your own free NARCAN® in the mail. Together, we can curb overdoses, save lives and keep prescription drugs out of the wrong hands.

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# Rx Videos

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*Click through the videos to find out how to keep you, your family, and our community safe and healthy.*



Thumbnail for the video "Opioid Overdose Trends". It features a blue header with the "ONE" logo and the text "WELCOME TO OUR VIRTUAL Opioid & Naloxone Education Training". Below the header, a black bar contains the title "Opioid Overdose Trends". The presenter information reads "Presented by: Peter Bippus, CLARE|MATRIX". A hand icon is pointing at the title bar. The "OPIOID & NALOXONE EDUCATION" logo is in the bottom left corner.

**Opioid Overdose Trends**



Thumbnail for the video "Safe Storage at Home". It features a blue header with the "ONE" logo and the text "WELCOME TO OUR VIRTUAL Opioid & Naloxone Education Training". Below the header, a black bar contains the title "Safe Storage at Home". The presenter information reads "Presented by: Maurina Cintron, Program Manager". A mouse cursor icon is pointing at the title bar. The "OPIOID & NALOXONE EDUCATION" logo is in the bottom left corner.

**Safe Storage at Home**

# Infographics

Click to download

## ONE

### How To... Safely Store & Dispose of Prescription Drugs (Rx) at Home

**Step-By-Step Guide**

**How To Lock-Up Medicines Safely**

**STEP 1: Gather It Up**  
Gather all medications in the home, including cough medicine and vitamins

**STEP 2: Lock It Up**  
Can be found at: Home Depot, Harbor Freight Tools, Walmart, Amazon

**STEP 3: Put It Up**  
Put the storage container out of reach of children, away where teens can't find easily

**How To Dispose of Unused Medicines**

- Drug Enforcement Administration National Prescription Drug Take-Back Days**
  - Happens twice a year in the month of April and October
  - Local drop-off site at Santa Monica Public Library
- Mail Program**
  - Ask your local pharmacy if they have a mail-back program
- Existing year-round disposal sites**
  - 33 drop-off sites/county-wide
  - Regional (Local CVS Pharmacies)
  - City of Santa Monica Public Safety Building
  - LA County Sheriff's Office Drop-off

**NO QUESTIONS ASKED! YOUR DROP-OFF IS ANONYMOUS**

**Advantages of Safe Drug Drop Boxes:**

- Keeps opioids and other addictive drugs from being abused or sold on the street
- Keeps wastewater, drinking water and wildlife safe
- Allows drugs to be incinerated at an appropriate facility and converted to nonusable energy

**Safe Storage & Disposal**

Safe Storage & Disposal

## ONE

### Senate Bill 212: New Drug-Drop Law

**Overview**

Senate Bill (SB) 212, titled Solid Waste: Pharmaceutical and Sharps Waste Stewardship, was last signed on September 30, 2018 to establish safe and convenient collection and disposal options for most drugs and home-generated sharps waste.

California is the first state in the nation to pass a law requiring drug manufacturers to pay for safe and convenient drug disposal options.

**What To Expect**

**Pharmaceutical Take-Back Program:** Starting this year, you will be able to drop expired and broken prescription drugs into special containers at participating pharmacies, hospitals, and other entities (SHA). The drop-off line is available every day, so you don't have to wait for designated "Drug Take-Back Days."

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**SB 212: New Drug-Drop Law**

SB 212: New Drug-Drop Law

## ONE

### What Can and Can't Be Disposed of at Drop-off Locations

**OK To Drop Off**

- Prescription Drugs, including controlled substances such as oxytocins, opiates, and amphetamines
- Prescription Ointments or Lotions
- Over-the-Counter Medications
- Pet Medications

**NOT OK To Drop Off**

- Illegal Controlled Substances (e.g., marijuana, heroin, LSD, etc.)
- Medical Sharps and Needles
- Auto-Injectors (e.g., EpiPen)
- Insulin-Containing Medications
- Mercury Thermometers
- Chemotherapy or Cytotoxic Medications
- Compressed Cylinders or Aerosols (e.g., Asthma Inhalers)
- Vitamins and Dietary Supplements

**NO QUESTIONS ASKED! YOUR DROP-OFF IS ANONYMOUS**

**What Do I Do With Sharps?**

Dispose of medical sharps or other types of hypodermic needles, syringes, auto-injectors like Epi-Pens by mailing them to manufacturers in a prepaid envelope. For more information, check out [sharpsenddisposal.org](http://sharpsenddisposal.org).

**What Can & Can't Be Disposed of at Rx Drop-off Locations**

What Can & Can't Be Disposed of at Rx Drop-off Locations

## ONE

### Opioid Overdose Trends

California is still grappling with a serious public health crisis - a dynamic and rapidly changing opioid epidemic wreaking havoc on the state's health and economy, only to be exacerbated by COVID-19. Our reports/overdose trends index provides updated stats, as of May 2020, on long-term opioid-related mortality, demographic differences, and opioid overdoses in the state of California.

**Statistics and Data**

- Centers for Disease Control and Prevention (CDC) released preliminary data in April 2021 on drug overdoses in the United States during the COVID-19 pandemic; the results were a **30% increase in mortality** from October 2019 to October 2020.
- **30%** increase in mortality from October 2019 to October 2020.
- **Around 15,000 Americans die a year from drug overdoses**... to put that in perspective, that's about the size of the city of 13 Seguros.
- **Around 40 people die every day in America from an opioid overdose.**
- **In 2019, more than 6,300 Californians died from overdoses.**
- **In 2020, that number grew by 45%.**
- **In 2020, the CDC predicts that over 9,300 Californians will have died from an overdose... picture half of the Staples Center.**

**Opioid Overdose Trends**

Opioid Overdose Trends

# GET ON DEMAND FREE NARCAN®

WATCH A SHORT TRAINING VIDEO &  
**GET NARCAN® MAILED TO YOU!!**

LIMITED TO SOUTHERN CALIFORNIA MAILING  
ADDRESSES!

[bit.ly/NarcanByMail](https://bit.ly/NarcanByMail)

A colorful graphic with a light blue background and various abstract shapes in red, orange, yellow, and pink. The text is centered and reads: "ON DEMAND" in orange, "FREE NALOXONE" in large black letters, "Watch a short training. Get Narcan® mailed to you." in dark blue, and "bit.ly/NarcanByMail" in red. Below this, in smaller text, it says "Limited to Southern California Mailing Addresses" and "Materials made possible with funds from Los Angeles County Department of Public Health Substance Abuse Prevention and Control. Naloxone provided by California DHCS and SAMHSA." At the bottom, there is a red button that says "WATCH NOW!" and a small logo for the Institute of Public Safety in the bottom right corner.

ON DEMAND

# FREE NALOXONE

Watch a short  
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WATCH NOW!

INSTITUTE OF  
PUBLIC  
SAFETY



BE PREPARED!

**NALOXONE  
(NARCAN®) &  
SIGNS OF AN  
OPIOID  
OVERDOSE**



STEP-BY-STEP GUIDE ON HOW TO  
DETECT AND REVERSE AN OPIOID  
OVERDOSE

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**Naloxone Quick  
Card**

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*Click to download our Step-By-Step Guide on how to  
detect and reverse an opioid overdose!*



**Perfect size for you  
to carry around!**

# MEET OUR PARTNERS

*The O.N.E. Series is brought to you by local non-profits and community organizations working to reduce drug and alcohol problems on the Westside of Los Angeles.*



**INSTITUTE FOR  
PUBLIC  
STRATEGIES**



**CLARE | MATRIX**  
*Saving Lives Through Recovery*



**WAP**  
West Hollywood Project



**WESTSIDE  
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